

# Grŵp Traws Bleidiol ar Iechyd Meddwl Cross Party Group on Mental Health

## Minutes of the last meeting

15 July 2015

12:30-13:20

Conference room 24, Tŷ Hywel

IN ATTENDANCE:		
<b>David Rees AM</b> (Chair)	<b>DR</b>	Aberavon (Welsh Labour)
<b>Mike Hedges AM</b>	<b>MH</b>	Swansea East (Welsh Labour)
<b>Ioan Bellin</b>	<b>IB</b>	AMSS Simon Thomas AM
<b>Shannon Curran</b>	<b>SC</b>	AMSS David Rees AM
<b>Siân Donne</b>	<b>SDo</b>	AMSS Welsh Lib Dems/Kirsty Williams AM
<b>Craig Lawton</b>	<b>CL</b>	AMSS Suzy Davies AM
<b>Mark Major</b>	<b>MM</b>	AMSS Altaf Hussain AM
<b>Claire Stowell</b>	<b>CS</b>	AMSS Rebecca Evans AM
<b>Katie Dalton</b> (secretary)	<b>KD</b>	Gofal
<b>Suzanne Duval</b>	<b>SDu</b>	Diverse Cymru
<b>Emma Harris</b>	<b>EHa</b>	Samaritans
<b>Ewan Hilton</b>	<b>EHi</b>	Gofal
<b>Richard Jones</b>	<b>RJ</b>	Mental Health Matters Wales
<b>Sarah Stone</b>	<b>SS</b>	Samaritans
<b>Jonathan Willey</b>	<b>JW</b>	Hafal

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CPGMH/NAW4/46 - Welcome and apologies	Actions
<p><b>DR</b> welcomed attendees to the meeting of the Cross Party Group on Mental Health.</p> <p><b>Apologies from absent members:</b></p> <ul style="list-style-type: none"> <li>• Bethan Jenkins AM (Plaid Cymru)</li> <li>• David Melding AM (Welsh Conservatives)</li> <li>• Eluned Parrott AM (Welsh Liberal Democrats)</li> <li>• Gwenda Thomas AM (Welsh Labour)</li> <li>• Rhiannon Hedge (Mind Cymru)</li> <li>• Linda Newton (Mental Health Action Wales)</li> <li>• Janet Pardue-Wood (Mind Cymru)</li> </ul>	
CPGMH/NAW4/47 – Minutes of the last meeting	Actions
<p><b>APPROVED</b></p> <p>The minutes of the last meeting.</p>	
CPGMH/NAW4/48 – Action points from the last meeting	Actions
<p><b>KD</b> updated the group on the actions taken since the last meeting.</p> <p><b>CPGMH/NAW4/24 - Access to and provision of psychological therapy in Wales</b>  <b>ACTION:</b> <b>KD</b> to circulate response from Minister to members  <b>UPDATE:</b> Original letter and response have been circulated</p> <p><b>CPGMH/NAW4/40 – Review of the mental health ring-fence</b>  <b>ACTION:</b> <b>KD</b> to circulate the questions and other relevant information to AMs  <b>UPDATE:</b> The questions and further information have been circulated</p> <p><b>CPGMH/NAW4/41 – Together for Mental Health annual report</b>  <b>ACTION:</b> <b>RC</b> to find out more about NCMH work and circulate  <b>UPDATE:</b> Unknown – RC has since left Mind Cymru</p> <p><b>CPGMH/NAW4/45 – Annual Report and Financial Statement</b>  <b>ACTION:</b> <b>KD</b> to submit the Annual Report/Financial Statement to the table office.  <b>UPDATE:</b> These have been submitted to the table office.</p>	<p><b>KD</b> to ask Mind Cymru about this</p>

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CPGMH/NAW4/49 – Snapshot 3: People’s experiences of primary mental health services in Wales	Actions
<p><b>KD</b> delivered a presentation about the results of Gofal’s third annual survey about people’s experiences of primary mental health services in Wales.</p> <p>The full report can be downloaded in English and Welsh on the Gofal website: <a href="http://www.gofal.org.uk/primary-mental-health-services/">www.gofal.org.uk/primary-mental-health-services/</a></p>	<p><b>KD</b> to circulate presentation to members</p>
CPGMH/NAW4/50 – Talk to Me 2	Actions
<p><b>SS</b> informed the group that Talk to Me 2, the Welsh Government’s suicide and self-harm prevention strategy for Wales 2015-10 would be launched the following day at the All Nations Centre in Cardiff.</p> <p><b>SS</b> said the Samaritans were pleased that the strategy had been refreshed. The Samaritans had contributed to the development of the new strategy, emphasising the need for action across a number of different sectors.</p>	<p><b>KD</b> to circulate the link to Talk to Me 2 once it has been published.</p>
CPGMH/NAW4/51 - Together for Mental Health: Delivery plan 2	Actions
<p><b>KD</b> explained that Together for Mental Health is the Welsh Government’s cross-government strategy to improve mental health and wellbeing in Wales. <b>KD</b> added that a series of shorter delivery plans ran alongside the ten year strategy and that the second delivery plan was currently being developed.</p> <p><b>KD</b> introduced the document that Wales Alliance for Mental Health had written to feed into the development of the next Together for Mental Health delivery plan.</p> <p><b>KD</b> emphasised the importance of:</p> <ul style="list-style-type: none"> <li>• cross government action and accountability</li> <li>• ensuring that Together for Mental Health outcomes are woven throughout WG policy (including non-health portfolios)</li> <li>• collecting and publishing clear outcome data</li> </ul> <p><b>DR</b> agreed that improving mental health should be everyone’s business and that it was important that all Ministers and sectors played their part in the delivery of Together for Mental Health.</p> <p><b>KD</b> indicated that (in light of Together for Mental Health being a cross government strategy) it would be useful if Assembly Members could submit questions to all Welsh Government Ministers (ie. Not just the Health Minister) to enquire what they or their departments</p>	

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<p>had contributed towards the delivery of Together for Mental Health. <b>EH</b> emphasised the importance of the second delivery plan being outcome focused so that we can determine whether progress has been made as the strategy is implemented.</p> <p><b>SS</b> mentioned the importance of highlighting and mitigating the inequalities facing people with mental health problems.</p> <p><b>SD</b> asked who would be responsible for collecting the data.</p> <p><b>KD</b> said that for the purposes of the strategy it would be the Welsh Government's responsibility to ensure the right data is collected but the reality would be that many different agencies could do so – for example: health boards (patient outcome and satisfaction data), third sector (data on stigma and discrimination through Time to Change Wales) schools, college and universities (student/staff wellbeing), public sector employers (employee wellbeing), communities and anti-poverty projects (data on community wellbeing and resilience). <b>KD</b> added that existing data collection across different sectors could be used or tweaked – it would be better to consolidate and streamline existing data collection where possible.</p>	<p><b>KD</b> to ask AM members of the cross party group to submit questions to all Ministers about their contributions to the delivery of TfMH</p>
<p><b>CPGMH/NAW4/52 – Mental Health First Aid Training</b></p>	<p><b>Actions</b></p>
<p><b>IB</b> highlighted that his office had organised Mental Health First Aid training for Assembly Member Support Staff and Assembly Commission staff in order to improve knowledge, awareness and understanding of mental health problems. The training is scheduled to take place on the 29<sup>th</sup> and 30<sup>th</sup> July 2015.</p> <p><b>IB</b> invited any Assembly staff members who were interested in attending to get in touch with him as soon as possible.</p>	<p><b>AMSS</b> to get in touch with <b>IB</b> if they are interested in attending MHFA</p>
<p><b>DR</b> thanked everyone for their attendance.</p>	